

|   | Monday  | Tuesday                           | Wednesday                                  | Thursday                                   | Friday   |
|---|---|-----------------------------------|--|--|--|
| <b>Breakfast</b>  | (Cereal, cornflakes, milk, and bread toast with spreads – dairy free options available)           |                                   |  |  |  |
| <b>Morning Tea<br/>Served with milk and<br/>water</b>       | Fresh Seasonal fruit and vegetable platter  |                                   |  |  |  |
| <b>LUNCH<br/>SERVED WITH TAP<br/>WATER.</b>                 | LAMB ROGAN JOSH with<br>GARLIC ROTI   | CHILLI SATAY CHICKEN with<br>RICE | CALABRIAN BEEF with<br>GNOCCHI             | ASIAN BRAISED FISH with<br>BOK CHOY & RICE | VEGETARIAN YAKI UDON with<br>UMAMI SAUCE (JAPANESE<br>NOODLE DISH) |
| <b>Vegetarian option</b>                                    | CHICKPEA ROGAN JOSH<br>with GARLIC ROTI   | CHILLI SATAY TOFU with<br>RICE    | VEGETARIAN CALABRIAN<br>SAUCE with GNOCCHI | BRAISED VEGETABLES<br>with BOK CHOY & RICE | AS ABOVE   |
| <b>Afternoon Tea<br/>Served with milk and tap<br/>water</b> | Mini Pizzas   | Cheese, fruit & dip platters      | Yoghurt Cake                               | Blueberry Oat bars                         | Banana Muffins   |
| <b>Late snack</b>   | Rice Crackers and Cheese<br>(Whole apples are available in the rooms for children to self-select) |                                   |  |  |  |

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| <b>Breakfast</b>                                       | (Cereal, cornflakes, milk, and bread toast with spreads – dairy free options available)           |                                       |                                      |   |                                  |
| <b>Morning Tea</b><br>Served with milk & Tap Water     | Fresh Seasonal fruit and vegetable platter  |                                       |                                      |   |                                  |
| <b>Lunch</b><br>Served with tap water.                 | ACQUA PAZZA (ITALIAN POACHED FISH) with GARLIC CROSTINI   | LENTIL & SWEET POTATO CURRY with RICE | BRAISED LAMB with ROASTED VEGETABLES | CHICKEN FAJITAS with PINEAPPLE SALSA    | BEEF CHOW MEIN with Noodles      |
| <b>Vegetarian option</b>                               | VEGETERIAN PAZZA with GARLIC CROSTINI   | AS ABOVE                              | SAUTED TOFU with ROASTED VEGETABLES  | VEGETARIAN FAJITAS with PINEAPPLE SALSA | VEGETABLE CHOW MIEN with Noodles |
| <b>Afternoon Tea</b><br>Served with milk and tap water | BANANA BREAD  | ROASTED PUMPKIN, SPINACH & SLICE      | Fruit Crumble with Yogurt            | Spiced Apple Steamed buns               | Spiced Apple Steamed bun         |
| <b>Late snack</b>                                      | Rice Crackers and Cheese<br>(Whole apples are available in the rooms for children to self-select) |                                       |                                      |   |                                  |

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| <b>Breakfast</b>                                       | (Cereal, cornflakes, milk, and bread toast with spreads – dairy free options available)           |                              |                                   |  |                      |
| <b>Morning Tea</b><br>Served with milk and water       | Fresh Seasonal fruit and vegetable platter  |                              |                                   |  |                      |
| <b>Lunch</b><br>Served with tap water.                 | BEEF SAN CHOY BOW   | THAI CHICKEN MEATBALL SALAD  | SMOKED SALMON & ASPARAGUS LIGUINE | BROCCOLI & SPRING ONION STIR FRY with rice noodles | PULLED LAMB MOUSSAKA |
| <b>Vegetarian option</b>                               | VEGETABLE SAN CHOY BOW  | THAI PUMPKIN & LENTIL SALD   | SAUTE TOFU & ASPARAGUS LIGUINE    | AS ABOVE   | VEGETABLE MOUSSAKA   |
| <b>Afternoon Tea</b><br>Served with milk and tap water | Mini Pizzas   | Cheese, fruit & dip platters | Yoghurt Cake                      | Blueberry Oat bars                                 | Banana Muffins       |
| <b>Late snack</b>                                      | RICE CRACKERS AND CHEESE<br>(WHOLE APPLES ARE AVAILABLE IN THE ROOMS FOR CHILDREN TO SELF-SELECT) |                              |                                   |  |                      |

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| <b>Breakfast</b>  | (Cereal, cornflakes, milk, and bread toast with spreads – dairy free options available)           |  |  |                                  |                                    |
| <b>Morning Tea</b><br>Served with Milk & Tap Water.       | Fresh Seasonal fruit and vegetable platter  |  |  |                                  |                                    |
| <b>Lunch</b><br>Served with tap water.                    | JAPANESE CHICKEN CURRY<br>with Noodles  | MONGOLIAN BEEF STIR FRY<br>with Rice       | SRING VEGETABLE<br>TAGLIATELLE with Lemon &<br>Chive Sauce | SPICED LAMB MEATBALL<br>FATTOUSH | CREAMY TUNA and LEEK<br>Pasta Bake |
| <b>Vegetarian option</b>                                  | JAPANESE<br>CHICKPEA CURRY<br>with rice   | MONGOLIAN TOFU STIR<br>FRY<br>with Rice    | AS ABOVE   | SPICED CHICKPEA<br>FATTOUSH      | CREAMY POTATO & LEEK<br>Pasta Bake |
| <b>Afternoon Tea</b><br>Served with milk and<br>tap water | ROASTED PUMPKIN, SPINACH<br>SLICE   | Vegetable sticks with dips &<br>flat bread | BANANA BREAD   | Fruit Crumble with Yogurt        | Spiced Apple Steamed buns          |
| <b>Late snack</b>   | RICE CRACKERS AND CHEESE<br>(WHOLE APPLES ARE AVAILABLE IN THE ROOMS FOR CHILDREN TO SELF-SELECT) |  |  |                                  |                                    |